



You are not
alone.

Ocumel Canada can help you :

- ✓ Find reliable information
- ✓ Access peer support
- ✓ Learn about clinical trials
- ✓ Access wellness programs
- ✓ Navigate financial challenges
- ✓ Receive one-on-one support



Ocumel Canada
info@saveyourskin.ca
1.800.460.5832



Why this guide?

Patients with ocular melanoma who are informed live longer, and have a higher quality of life.

Before your appointment:



Bring a notebook



Ask for copies of your reports



Come to your appointment with a loved one



Don't be afraid to ask questions

You may meet with several specialists. Understanding their different roles can help you choose the program that best suits your treatment plan.



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Questions to ask your doctor **Primary disease**

Discussion guide for those living with
ocular melanoma

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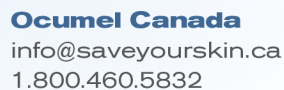
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- What is ocular melanoma, and how does it differ from cutaneous (skin) melanoma?
- What are the tumour's dimensions? Its diameter, height and thickness?
- What do these measurements mean for my treatment options?
- Can I receive a written report containing this information? Is ocular melanoma staged like other cancers? If so, what stage is mine?
- Will you perform a biopsy of the tumour? Why or why not? What can we learn from the biopsy? Are there any risks associated with a biopsy, and what are they?



- If a biopsy is performed, will you test my tumour for genetic mutations?
- How do these mutations affect treatment options and metastatic disease?
- Should I seek genetic counselling? How will you determine whether the cancer has spread? What is metastatic disease?

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- What are my treatment options, and how do they differ? Are there other treatment options or treatment centres I should know about?
- Which treatment do you think is best for me, and why?
- What type of radiation therapy do you offer?
- Will I need to have my eyes removed? How many patients with ocular melanoma have you treated?
- Do outcomes differ depending on the treatment?
- What are the side effects of each treatment? When will these side effects appear?
- Will the vision in my treated eye be affected?
- Is there a medication or vaccine that could help?
- If vision loss is expected, when will it happen? Is losing vision painful?
- Will I experience flashes of light or blind spots?
- Will I have a disability? Will I be able to drive?
- How will this affect my normal daily life? Should I get a second opinion?
- Are there recommended treatment centres elsewhere in Canada? Can I be referred to one?